



START LIST

5 Kilometres Men

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Record WR	12:49	Berihu AREGAWI	ETH 20	Barcelona (ESP)	31 Dec 2021
World Leading WL	12:51	Jimmy GRESSIER	FRA 29	Lille (FRA)	4 Apr 2026

51 Athletes	31 Federations	19 September 2026 14:40 START TIME				
BIB	NAME	DATE OF BIRTH	PERSONAL BEST	SEASON BEST		
108	Aron GEBREMARIAM	ART 21 Jul 06	13:32			
113	Toby GILLEN	AUS 23 May 01	14:50			
117	Ky ROBINSON	AUS 27 Feb 02				
128	Egide NTAKARUTIMANA	BDI 21 Oct 97	13:35			
129	Elie SINDAYIKENGDERA	BDI 1 Jan 04				
131	Robbe CAMPHERS	BEL 25 May 99	14:05	14:05		
135	Kobe HERMANS	BEL 14 Aug 01	14:18			
140	Thiago ANDRÉ	BRA 4 Aug 95	14:09	14:09		
144	Janio Marcos GONÇALVES	BRA 1 Jun 03	14:06	14:06		
151	Matthew BEAUDET	CAN 28 Feb 00				
152	Evan BURKE	CAN 25 Sep 01				
170	Axel Vang CHRISTENSEN	DEN 30 Jul 04	13:42	14:03		
174	Joel Ibler LILLESØ	DEN 17 Nov 03	13:38	13:42		
182	Saymon AMANUEL	ERI 27 May 07				
184	Dawit SEARE	ERI 29 Dec 04	13:21			
197	Mezgebu SIME	ETH 7 Oct 05	13:01	13:21		
200	Addisu YIHUNE	ETH 17 Mar 03	12:54	12:54		
205	Jimmy GRESSIER	FRA 4 May 97	12:51	12:51		
208	Flavien SZOT	FRA 6 Sep 01	13:18	13:18		
214	David MULLARKEY	GBR 7 Mar 00	14:19			
228	Brian FAY	IRL 9 Nov 98	13:41	13:41		
231	Darragh MCELHINNEY	IRL 9 Nov 00	13:33			
235	Francesco GUERRA	ITA 17 Jul 01	13:42			
237	Konjoneh MAGGI	ITA 31 Dec 03	13:58	13:58		
241	MASHIKO Yota	JPN 3 Aug 07				
247	SUZUKI Rui	JPN 19 Apr 06	13:58			
249	Charles KIBOINO	KEN 21 Dec 06				
251	Mathew Kipchumba KIPSANG	KEN 16 Nov 95	13:08			
259	Artūrs Niklāvs MEDVEDS	LAT 17 Nov 99	13:40	13:40		
261	Simas BERTAŠIUS	LTU 31 Oct 93				
271	Osama ER REDOUANI	MAR 4 Dec 07				
281	Israel TINAJERO ÁLVAREZ	MEX 20 Sep 02	14:57			
285	Mike FOPPEN	NED 29 Nov 96	13:17	13:17		
288	Tim VERBAANDERT	NED 17 Jul 00	13:25	13:25		
293	Jakob INGEBRIGTSEN	NOR 19 Sep 00				
296	Narve Gilje NORDÅS	NOR 30 Sep 98	13:10	13:10		
304	Theo QUAX	NZL 27 Dec 99	13:40	13:40		
314	Víctor ORTIZ RIVERA	PUR 30 Jun 98	13:33			
318	Maxime CHAUMETON	RSA 12 Jul 00	13:06	13:06		
323	Thapelo RAMAKHOASE	RSA 15 Jul 03	13:42	13:42		
325	Shaun GOH	SGP 12 Jan 97	14:49			
331	Ethan YAN	SGP 11 Jan 01				
333	Vid BOTOLIN	SLO 15 Aug 02	13:52	14:12		
338	Dominic Lokinyomo LOBALU	SUI 16 Aug 98	13:00			
339	Jonas RAESS	SUI 8 Mar 94	13:31			
340	Filip JANČÍK	SVK 23 Jan 06				
342	Simon SUNDSTRÖM	SWE 4 Feb 98				
353	Alex KIPLANGAT	UGA 8 Jun 00				



START LIST
5 Kilometres Men

355	Keneth KIPROP	UGA	13 May 05		
364	Andrew HUNTER	USA	5 Sep 97	13:28	13:28
365	Dylan JACOBS	USA	15 Jun 00	13:28	13:28

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
12:49	Berihu AREGAWI (ETH)	Barcelona (ESP)	31 Dec 21	12:51	Jimmy GRESSIER (FRA)	Lille (FRA)	4 Apr
12:50	Yomif KEJELCHA (ETH)	Lille (FRA)	19 Mar 23	12:54	Addisu YIHUNE (ETH)	Lille (FRA)	4 Apr
12:51	Joshua CHEPTEGEI (UGA)	Monaco (MON)	16 Feb 20	12:56	Yann SCHRUB (FRA)	Lille (FRA)	4 Apr
12:51	Jimmy GRESSIER (FRA)	Lille (FRA)	4 Apr 26	13:02	Gemechu GODANA (ETH)	Lille (FRA)	4 Apr
12:54	Addisu YIHUNE (ETH)	Lille (FRA)	4 Apr 26	13:06	Maxime CHAUMETON (RSA)	Lille (FRA)	4 Apr
12:55	Nicholas KIPKORIR (KEN)	Herzogenaurach (GER)	30 Apr 22	13:08	Silas SENCHURA (KEN)	Lille (FRA)	4 Apr
12:56	Yann SCHRUB (FRA)	Lille (FRA)	4 Apr 26	13:10	Narve Gilje NORDÅS (NOR)	Lille (FRA)	4 Apr
12:57	Santiago CATROFE (URU)	Lille (FRA)	16 Mar 25	13:13	José Carlos PINTO (POR)	Lille (FRA)	4 Apr
12:58	Kuma GIRMA (ETH)	Al Khobar (KSA)	14 Dec 24	13:15	Abdisa FAYISA (ETH)	Düsseldorf (GER)	6 Sep
12:58	Hagos GEBRHIWET (ETH)	Al Khobar (KSA)	14 Dec 24	13:15	Mohammed AHMED (CAN)	Düsseldorf (GER)	6 Sep